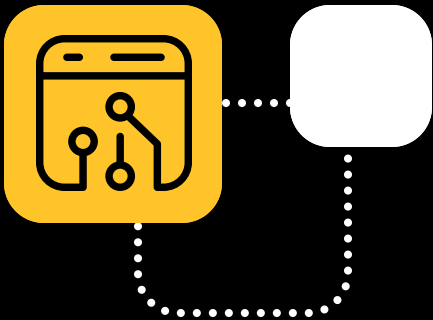


Financial Stress Among Black Catholics

STRESSED FAITH

Findings from PLOS Mental Health & the Black Catholic Health Research Institute



STRESS PROFILE SNAPSHOT



90.6%

of Black Catholics
below mental
health standards
— subgroup
gaps ignored



Chronic financial
stress drives
nearly half this
gap



100%

Should flag
CVD risk—Black
Catholics aren't
mapped

Mapped to Mortality Health systems misclassify chronic stress—coding patients toward death, not treatment. Black Catholics show cardiovascular-level risk but are routed to “all-cause mortality” buckets.

Structural, Not Personal This is not a question of individual psychology; it is structural neglect. Upstream financial stress is ignored, and its downstream damage mislabeled.

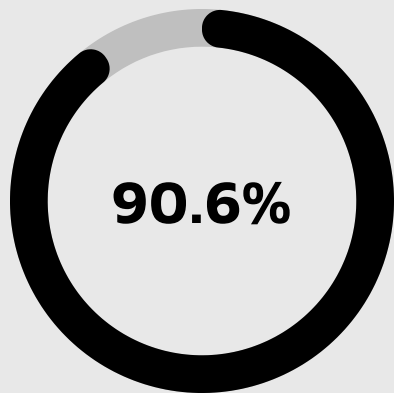


A Cooperative Solution to Capitalist Limits

God's Little World is a simulation experience helping participants:

- Identify and respond to financial stressors
- Navigate systems shaped by capitalism and discrimination
- Reimagine economic roles free from racial ceilings
- Debrief as a Church that listens to Black Catholics

— Inspired by Pope Francis's call for Cooperatives & Economic Justice



**UPSTREAM
INEQUALITY—NOT
PSYCHOLOGY—
DRIVES RISK.**

What You Can Do:



Invest in the Build-Out

Help raise the final \$1.2M for our six-lot Fort Worth cooperative campus—groundbreaking 12 Dec 2025.



Sponsor a Storefront

Underwrite a bank, bakery, or newsroom in God's Little World (\$750–\$3,000) and put your name on the marquee.



Host the Black Equity Tour

Bring the 2026-27 national simulation to your underserved diocese, university, or community —full-cost underwriters welcome